



Rawal Institutions
Where Success is the Culture
(A Unit of Goyal Educational & Welfare Society)

Presents

Rawalymphics - 2k 14

An inter-college Sports Meet

on

November 08, 2014

Track Events

100 m Race (Men/Women)
200 m Race (Men/women)
400 m Race (Men/Women)
800 m Race(Men)

1600 m Race(Men)
4x400 m(Men)
4x100 m(Women)

Field Event

Jumps

High Jump (Men/Women)
Long Jump(Men/Women)
Triple Jump (Men/Women)

Throws

Discus Throw (Men/Women)
Shot-Put (Men/Women)
Javelin Throw (Men/Women)

Games

Volleyball (Men)
Cricket Super'5 (Men)
Table-Tennis (single)
(Men/Women)

Table-Tennis (Double)
(Men/Women)
Chess (Men/Women)
Kabaddi

Venue:

Rawal Institutions
Village-Zakopur, Sohna Road, Faridabad
website : www.rawalinstitutions.com
Email at : rawalymphics@rawalinstitutions.com
Phone : 0124-2400400

Respected Sir/ Madam,

It is our proud privilege to extend our invitation to you, for our inter college sports meet, "Rawallympics - 2014" to be held at 'Rawal Institutions' premises on 8th November 2014. The event aims to offer a perfect platform to the students to showcase their prowess in the field of sports. Through the medium of this sports meet, we wish to create a beautiful milieu for inculcating the talent of the budding technocrats and managers in their whole gamut of faculties.

'Rawal Institutions' have always strived for encouraging and inculcating budding minds to bloom and shine into the competitive world. This event would prove to be a humble yet enriching experience for the professionally driven minds.

We solicit your benign presence on this occasion.

Please do encourage your students to participate whole heartedly and extend your support to make this event a grand success.

Each college is required to bring its college flag.

For registration process kindly see to the attachment.

With warm regards,

Convener

Rules

General Code

1. To participate in Rawalympics -2K14, Institute must be registered (annexure-A).
2. Participants from institute must carry their banner and flag on inaugural day for march-past. Sizes for banner and flag is given in the annexure-A.
3. Participant should wear their institute kit.
4. Each member of the team participating in an Inter-State Tournament shall carry identity card will Shall bear the following,
 - (i) Photograph of the player & his/her signature.
 - (ii) Photograph must be attested by the principal of the concerned Institute (duly stamped and cross signed)
5. The Player(s) not carrying identity cards shall not be allowed to Participate in the concerned tournament.
6. No college team or individual players will be allowed to participate in inter college tournament, If they are not accompanied by their teacher in-charge
7. All the college must register the colour of their kit, and the teams shall participate in Rawalympics in their respective colours only. In case of clash of colours between two teams it shall be decided by the spin of coin as to which team will wear the playing uniform other than of its own colour.
8. Participating colleges will be provided free of cost accommodation on request. If made well in advance and confirmed by us. However the cost of meals will be borne by participating colleges.

Appellate Power:

Appellate power rests with the Director/s, Rawal Institutions. Appeals made to the tournament committee by the aggrieved colleges against the decisions of the organisers shall be considered only if received within Twenty four hours (working days) of the completion of the match. These protest shall be considered by the tournament committee, if need be, in consultation with any authority in the game concerned. While doing so, respective tournament committee may be invite representative of the concerned college for hearing and necessary enquiry into the matter at their own expenses. The tournament committee of respective game shall be authorised to take decisions .Whenever, necessary, such disputes may even be referred to Sports Committee .The decisions taken by the tournament committee, Sports Committee as the case may be , shall be , binding on the parties concerned.

1. No member ;including college In-charge person/an official ;of a participating team shall interfere with the conduct of the tournament or any match of the tournament and shall not enter into argument with the supervising officials or the organising officials ; nor shall they question the judgement of the umpire(s) / referee(s)/judge(s) etc. A participating team however has every right to lodge a return protest on any point on which it feels aggrieved but in that case; the procedure as lay down in the rule shall be strictly followed.

2. Any official not complying with the rules contained in the foregoing para shall render liable to disciplinary action. He/she may be debarred from participation in the Rawalymphics by the concerned authority for a period ranging from one to three years, depending upon the magnitude of his/her offence. Such misbehaviour shall also be brought to notice of the authorities of the college concerned for the necessary disciplinary action that they deem fit to take against him/her.
3. No official of any affiliated college/ institute shall go to the press on any controversial issue. Those violating this clause shall be liable to disciplinary action which may be to extent of debarring the concerned college team official from participation in any capacity; in the Rawalymphics for a period as may be determined by the sports committee.
4. Doping is strictly prohibited if any Athletics tested positive shall be debarred from the concerned tournament. Doping (WADA) – According to WADA instruction use of performance enhancing drugs have been banned for the sports persons , because of the fact that these drugs have dangerous and deadly side-effects on the physical and mental health of the potential athletes; a precious human resource. You are, therefore, requested to advise young sports persons to avoid the use of performance enhancing drugs during training and competitions.

Brief Rules of the Events

Athletic

1. The competition shall be conducted in accordance with the rules prescribed by the Athletic Federation of India, and adopted by Faridabad District Athletic Association from time to time, unless modified by organizing committee of Rawalymphics.
2. Each College shall be permitted to send three entries in each Individual Event and ONE team for each team event consisting of four players with two reserves in a team.
3. An Athlete can participate either in maximum two individual events or one individual and two Relays, as the case may be.

Chess

1. Tournament shall be conducted according to the rules of Chess Federation of India, and as adopted from time to time Faridabad district chess association, unless modified by organising committee of Rawalymphics.
2. The tournament will be held for team championship and will be played according to the Swiss method. The tournament will be conducted on five zone basis.
3. A team may consist of maximum of six players (including two reserve players) but only four players shall be allowed to participate each player playing against the player of opponent team of the same status in order of ranking.
4. There shall be no restriction to include women players in the Chess Team.
5. Each college shall clearly state the ranking order along with FIDE rating in any of its' team while sending the entry. The reserve players shall be ranked at the bottom.
6. In the event of inability of a playing member to participate, the ranking order shall be changed in such a way that only the player following him in the ladder takes his place and so on. No player shall be replaced during the course of tournament.

7. Each college shall be permitted to send two entries for Women's Individual Championship.

Cricket Super -5

1. Tournament will be in accordance with the rules of ICC and BCCI, unless modified by organising committee of Rawalymphics.
2. The tournament will be conducted on basis on knockout basis.
3. It is a tennis ball game.
4. A team of 9 players can participate. Maximum 8 can play at a time.
5. It will be 5 overs game.
6. Free-Hit will be given on No-Ball (over-stepping).
7. A bowler can bowl maximum of 2 overs per innings.

Volleyball

1. Tournament will be played in accordance with the rules of FIVB, India unless modified by organising committee Rawalymphics.
2. The tournament will be conducted on basis on knockout basis.
3. The rotation of court will be decided by the captain of teams.

Kabaddi

1. Each team shall consist of 10 to 12 players.
2. A match is played by two sides, each consisting of not more than seven (7) players.
3. Each side must name (3 to 5) reserve players.
4. A match may not start if either team consists of fewer than seven players.
5. A match should not continue if there are fewer than five players in either team, owing to injuries or players being debarred. This rule is not applicable for players being given temporary suspension.
6. A player who enters the opponent's court with the approved chant is known as the raider.
7. The Raider must begin his chant before he touches the opponents court.
8. The raid begins when the raider enters the opponent's court with the approved chant.
9. Teams will raid alternatively until the end of the half or match.
10. All the players in the court where a raid is taking place is known as anti/s or anti-raider/s.
11. Substitutions can be made during time-out periods and half- time only.
12. Either team can make substitution, even if the opposing team calls the time-out.
13. During official time-outs only the injured players can be substituted at the discretion of the referee.
14. Substituted players can be re-substituted.
15. Up to a maximum of five players can be substituted at a time.
16. Substitution of out players is not permitted.
17. Substitution of suspended players during a match is also not permitted.
18. Substitution of players is not permitted during the tie-breaker and sudden death plays.
19. **To replace a player by a substitute, the following conditions must be observed:**
 - a. The referee is informed before any proposed substitution is made by either the team captain or coach.

- b. A substitute only enters the ground after the player being replaced has left and after receiving a signal from the referee.
- c. A substitution is completed when a substitute enters his court.
- d. All reserve players are subject to the authority and jurisdiction of the referee, whether called upon to play or not.

20. If a substitute enters the court without the referee's permission:

- a. Play is stopped
- b. The opposing team is given a technical point.
- c. The chance of raid remains with the same team and play is restarted

21. Player must not use equipment or wear anything, which is dangerous to himself or another player (including any kind of jewellery).

22. Nails of the players must be closely clipped.

23. Application of oil based substance to the body or limbs is prohibited.

24. Players with long hair (below shoulder length) are required to neatly tie and clip the hair into a bun shape.

25. For any infringement of this Law:

- a. Play is stopped
- b. The player at fault is instructed by the referee to correct his equipment
- c. The referee checks that the player's equipment is correct before allowing the start or restart

26. A match lasts two equal periods of 20 minutes.

27. Players are entitled to an interval at half-time. The half-time interval must not exceed five (5) minutes.

28. Each team is allowed to take a maximum of two time-outs in each half where either team is permitted to make substitution.

29. The duration of a time out will be thirty (30) seconds only.

30. Only the referee can give official time-outs.

31. Such time-outs are permitted only in the event of any injuries to the players.

32. The duration of official time-outs shall not exceed two (2) minutes.

33. Injured players can be substituted during official time-outs at the discretion of the referee.

ANNEXURE-A

- Registration Fee for Institute (up to 20 students): Rs. 1000/-
 - For every next participant (till 30 participants): Rs. 100 /-
 - Every Participant after 30 participants : Rs. 250/-
- Maximum Number of students for each track and field events : 3
- Maximum number of teams for each team events : 2
- A participant can participate in maximum of 3 track and field events (excluding of relay races).
- Participant participating in Team Events (Except Relay Races) can not participate in track and field events.
- Last date of Registration is : 05-Novemeber-2014
- Size of Banner: 3 x 5 Feet
- Size of Flag: 4 x 2 Feet

Important Persons and Their Contact Numbers:

1. Dr. Hambeer Singh – 08860609880
2. Dr.Neerav Verma- 08860609844
3. Mr. Sunil Siwach – 08901412800
4. Mr.Jatin Verma-09560449997
5. Mr. Than Singh - 08860609809
6. Mr.Naresh Kumar – 08860609809

Rawalympics -2k14

Institute Registration Form

Name of Institute

Address

Incharge for Rawalympics

Contact No of Incharge

Email ID

No. of Students Participating

Have you brought Authority Letter to participate in the Rawalympics? Yes No.

Have you brought you college's Flag for March Past Ceremony? Yes No.

Are all students from your college carrying their ID cards? Yes No.

Enclosure List (Please Tick)

Particulars

Authority Letter

List of Students

List of Students not carrying ID cards

Please Tick the following Team-Event in which your team is participating:

Cricket Super 5

4 X100 M Race

Table Tennis

4 X400 M Race

Chess

Kabaddi

Volleyball

Amount Deposited : Rs.

Receipt Number :

Signature

